



PERSPECTIVES WORK-LIFE PROGRAM

A Selection of "Wrap-around" Work-Life Services Serving EAPs Nationwide.

800.456.6327
perspectivesltd.com
Username:
Password: perspectives

| CHILDCARE | ELDERCARE | CONVENIENCE SERVICES | LEGAL |
|--|--|---|---|
| <p>Childcare Consultation & Referrals:</p> <ul style="list-style-type: none">• Before/After School Care• Childcare Centers• Family Day Care• Nannies & In-home Care• Summer Camps <p>Information & Support:</p> <ul style="list-style-type: none">• Adolescence & Child Development• Adoption• New Parents• Pregnancy• Special Needs | <p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Assisted Living Facilities• Caregiver Support• Community Services• Home Health Care• Hospice Providers• Nursing Homes• Respite Care Providers• Transportation Services | <p>Information & Referrals:</p> <ul style="list-style-type: none">• Community Education Classes• Fitness Programs & Trainers• Home Cleaning• Home Repair Services• Moving Services• Organizer Services• Pet Care• Relocation Information• Yoga Classes | <p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Bankruptcy• Child Custody & Support• Consumer Issues• Elder Law• Estate Planning• Immigration• Landlord Tenant Disputes• Real Estate Concerns• Restraining Orders• Separation & Divorce• Wills & Trusts |
| NUTRITION | HEALTH | WORK | FINANCIAL |
| <p>Resources & Referrals:</p> <ul style="list-style-type: none">• Child Friendly Meals• Diabetes• Food Allergies• Gastrointestinal Problems• Healthy Eating• High Blood Pressure• High Cholesterol• Lactation• Weight Management | <p>Resources & Referrals:</p> <ul style="list-style-type: none">• Complementary Medical Providers• Health Coaches• Health Spas• Meditation Programs• Mindfulness Programs• Sleep Programs• Smoking Cessation Programs• Support Groups for Chronic Illness• Twelve Step Programs | <p>Resources & Referrals:</p> <ul style="list-style-type: none">• Career Exploration• Interest Testing• Job Performance Concerns• Job Search Strategies• Resume Review• Volunteer Work | <p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Budgeting• Credit Problems• Debt Management• Financial Wellbeing• Financial Aid• Homebuying Information• Insurance Planning• Retirement Planning• Tax Resources |