

SEEKONK COUNCIL ON AGING

May 2014

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Turn the page over for upcoming trips and important information!



<p>5</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>6</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>7</p> <p>Benefits of Chocolate and Coffee @ 10am Lunch: Venus de Milo Soup for \$3</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>8</p> <p>Art Class 9-11</p> <p>Mens Breakfast Toti's 8:30am</p>	<p>9</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>12</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>13</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>14</p> <p>Lyme Disease Prevention and Care @ 10am Lunch: Chicken Salad Sandwiches for \$3</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>15</p> <p>Art Class 9-11</p> <p>Womens Brunch Toti's 10:00am</p>	<p>16</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>19</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>20</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>21</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>22</p> <p>Art Class 9-11</p>	<p>23</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>26</p>  <p>MEMORIAL DAY</p>	<p>27</p> <p>Seekonk Senior Shopping Day Wal-Mart, Sthop & Shop, & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>28</p> <p>TRIAD: First Aid @ 10am Lunch: Pizza & Salad for \$3</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>29</p> <p>FREE Hearing Screening From 10:00am - 12:00pm Call for your appointment @ 508-336-8772</p>	<p>30</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>

