

# SEEKONK COUNCIL ON AGING

## May 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Pitch 12:30- 2:30</p>	<p>2</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p>	<p>3</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>6</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>7</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>8</p> <p>Silver Tea 12pm @ Johnson &amp; Wales Inn</p>	<p>9</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p> <p>Men's Breakfast @ 8:30am Toti's Restaurant</p>	<p>10</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>13</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>14</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>15</p> <p>Cardiac Care 9am - 12pm</p> <p>Pitch 12:30- 2:30</p>	<p>16</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p> <p>Womens Brunch @ 10am Toti's Restaurant</p>	<p>17</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
<p>20</p> <p>Wii Bowling 10am</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:30 - 12:15</p>	<p>21</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>22</p> <p>TRIAD: New Senior Center Lunch: Pizza and Salad for \$2</p>	<p>23</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p>	<p>24</p> <p>Mexican Train (Dominos) 10am - 12pm</p>
 <p>27</p>	<p>28</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop &amp; Shop &amp; Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>29</p> <p>Memorial Day Celebration @ 10am Lunch: Pot Roast Dinner for \$2</p>	<p>30</p> <p>Senior Exercise at Seekonk Total Fitness \$1 10:45 - 11:15</p> <p>Cape Cod Bass River Tour \$67 Call 508-336-8772 to sign up</p>	<p>31</p> <p>Mexican Train (Dominos) 10am - 12pm</p>

