

# SEEKONK COUNCIL ON AGING

## JUNE 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mexican Train (Dominos) 10am - 12pm
4	5	6	7	8
Wii Exercise 10am Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15 Knitting 12:30 - 2:30	Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am	Intergenerational Program 10am Lunch: Hotdogs, Hamburgers, etc. for \$2 Pitch 12:30 -2:30	Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15 Movie Showing 1pm	Mexican Train (Dominos) 10am - 12pm
11	12	13	14	15
Wii Exercise 10am Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15 Knitting 12:30 - 2:30	Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am	Cardiac Care 9:00 - 12:00	Men's Breakfast @ Brother's Seafood 8:30am Movie Showing 1pm Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15	Mexican Train (Dominos) 10am - 12pm
18	19	20	21	22
Wii Exercise 10am Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15 Knitting 12:30 - 2:30	Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am	Pitch 12:30 -2:30	Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15 Movie Showing 1pm	Mexican Train (Dominos) 10am - 12pm
25	26	27	28	29
Wii Exercise 10am Senior Exercise at Seekonk Total Fitness \$1 11:30-12:15 Knitting 12:30-2:30	Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am	TRIAD: 14th Birthday Party @ 10	Senior Exercise at Seekonk Total Fitness \$1 10:30 - 11:15 Movie Showing 1pm	Mexican Train (Dominos) 10am - 12pm